

Guidelines for Safe Return to Tennis

COVID-19 RESTRICTIONS

- Singles play only unless players are from the same household.
- No social/community events or organized activities are permitted at this time.
- Club must remove chairs and benches from the courts.
- As per Provincial regulations, the clubhouse and deck area will remain closed.
- Only the bathrooms in the basement will be available to members for first aid, washroom and hand washing purposes only.
- **Everyone must practice social distancing of 6 feet (2 meters) away from others at all times, unless they are from the same household.**
- Club members and staff are responsible for bringing their own alcohol-based hand sanitizer and sterilize their hands prior to entering the club, before and after playing and after using common items.
- Only one parent/guardian is permitted to accompany younger children.

BEFORE YOU PLAY

- Inform yourself on the rules and recommendations issued by Public Health of Ontario, City of Mississauga and your Provincial Tennis Association.
- Familiarize yourself with all the pre, during, and after rules for tennis at this time.
- Make sure that you have logged into your member account and have filled out the COVID-19 Waiver.
- Log into your account and book your court online, otherwise you will not be allowed playing time.
- Members and staff are required to monitor their own health and complete the [self-assessment](#) provided by the Province prior to each visit to the Club.
- Do not play if you or your playing partner:
 - Exhibit any COVID-19 symptoms, such as fever, cough, difficulty breathing, or any other cold or flu-like symptoms.
 - Have been in contact with someone with cold or flu-like symptoms in the past 14 days or someone that has tested positive for COVID-19 in the past 14 days.
 - Have travelled or been in contact with someone that has travelled outside of Ontario during the past 14 days.

PREPARING TO PLAY

- Wash your hands at home before going to the club.
 - Bring hand sanitizer and clean your hands before and after play.
 - Fill and bring your own water bottle to avoid contact with common surfaces.
 - As much as possible, avoid touching gates, fences, nets, net straps, net posts, windscreens or any other common surfaces where the virus could survive.
 - Consider wearing a mask and or gloves while playing.
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AT THE CLUB

- Arrive on time or as close as possible to your playing time.
 - If you are waiting to play, use social distancing markers to keep safe.
 - If playing on courts 1-3, use your fob at the side gate by the parking lot. These courts will only be accessible from there.
 - If playing on courts 4-8, use your fob at the main gate and go directly to your court.
 - Use gloves or sleeve when opening the main gate or the side gate to courts 1-3.
 - Court gates to courts 4-8 will be propped open, so use your foot or racquet to enter and exit these courts.
 - Once on court, place your bag on your side of the net, at least 6 feet (2 meters) away from your playing partner.
 - Respect social distancing of 6 feet (2 meters) with others at all time, including when you come on and off the court.
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WHILE PLAYING

- Use your own equipment and do not share racquets and other equipment with your playing partner.
 - Avoid sharing food, drinks and towels.
 - Only 2 players per court unless players are from the same household.
 - Avoid all physical contact, for example shaking hands or high-fiving other players.
 - Because it is still unknown if the virus can live on a tennis ball, each player must bring their own can of balls, which are clearly marked with a marker in order to be able to differentiate them and only handle the balls that are yours.
 - Only pick up your own ball. Retrieve balls for others, including your playing partner, with your foot or racquet.
 - If chatting on court, each player must stay 3 feet (1 meter) back from the net to comply with social distancing rules.
 - Avoid touching your face as much as possible while at the club.
 - Avoid changing ends while playing when possible.
 - If you stop for a break, go to your own bag.
 - If players from another court must pass by, allow them room to pass.
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AFTER PLAYING

- Use gloves or other protective measures to brush your own side of the court.
- Wash your hands with soap and water or use hand sanitizer after playing.
- Do not use basement facilities for anything but first aid, washroom and hand washing purposes. Use your own towel to dry off as the club will not be providing towels or paper towels at this time for safety purposes.
- Leave the court immediately after you finish brushing your side.
- Leave the club as soon as possible as social gatherings are not allowed.
- Respect social distancing at all time while at the club or in the parking lot.